



# BRING A FRIEND MONTH

**All throughout March you can invite a friend or family member to any of our dojos to try out a class without needing to be a member of the club. Don't miss this rare opportunity!**

**ALL OF MARCH**

**See our timetable for all of our session times and locations**

**Cost for your friend or family member: \$15 casual class fee  
Cost to members: Direct Debit & Training Passes apply**



**GKR** KARATE  
STRONG • HUMBLE • BRAVE