

KATA WAZA SEMINAR with sensei yahya talsi & sensei derek cobb

Come along to this special Kata seminar run by two of our Senior Instructors. Don't miss this chance to further develop your Kata and its self defence application.

SATURDAY 20 JULY 1.00 - 3.00pm Trinity Sports Club - Trinity School Shirley Park, South Croydon CR9 7AT

Cost: £11 pp, £5 extra on the day • Direct Debit & Training Passes apply All grades welcome



Kata Waza Seminar - Pre-booking

Students Name:

Instructors Signature: Date Paid: Date Paid:

Please note: this slip is to be completed and returned to your Instructor with your payment. Seminar payments are strictly non-refundable.