



GKRRKARATE

KARATE FOR EVERYONE

GKR Northern UK Regional Titles

Sunday 17th March 2024

Sunday's tournament started the 2024 Northern Zone tournament circuit with a bang! It was the Northern Zones first tournament with matted rings and from the get go, the vibe was amazing. Thanks to all that arrived early to help set the room up ready for the day, along with all officials for their time and efforts through the day to make the event run so well.

This was by far the zones biggest tournament in many years, with over 150 competitors entering. We also welcomed competitors from other zones which only added to the excitement!

We kicked the day off with the highly anticipated Team events. The energy in the room was extremely high for these events, with spectators and competitors alike making their voices heard, cheering for their teams! Well done to all for showing such wonderful team spirit. Then, it was on to the Senior Male and Female Open divisions.

The Senior Female Black Belt Open, true to form, wowed everyone and saw some returning karate-ka take the wins. Kate Denny made a return to tournaments and took Gold for kata, with Libby Connor making a triumphant return from injury, taking home gold in kumite. Over on the Senior Male Black Belt Open had some amazing competition in the kata with Mike Barrett, our visitor from the Central Zone, taking the gold in kumite.

The junior divisions showed the amazing talent we have coming through to our open divisions in the next few years and the Senior Instructor team all agreed, we are very excited to what the future holds for our younger competitors.

It was clear from start to finish that everyone who stepped in the ring had been working on, refining and trying to improve their karate for the event, so whether you won a medal or not, you should be extremely proud of what you achieved on Sunday!

Remember, we're the #championfactory and we look forward to seeing you all again in July! The work starts now!

Sensei John Daniels & James Gabbitas
Tournament Directors



	RING 1	RING 2	RING 3	RING 4	TEAM EVENTS
	OPEN BB MALE KATA	OPEN BB FEMALE KATA	UP TO 7 M & F 8-7TH KYU KATA	8-9 M & F 8-7TH KYU KATA	SENIOR MALE TEAM KATA
GOLD	James Gabbitas	Kate Denny	Kaylan Hall	Henry Kelly	Mike Barrett
SILVER	Daniel Cobbold	Stephanie Dawes	Harriet Kay	Alfie Byrnes	James Gabbitas
BRONZE	Nathan Lovejoy	Holly Chapman	Niko Rose	Edward McDonnell-Spencer	James Hulley
	OPEN BB MALE KUMITE	OPEN BB FEMALE KUMITE	UP TO 7 M & F 8-7TH KYU KUMITE	8-9 M & F 8-7TH KYU KUMITE	SENIOR MALE TEAM KUMITE
GOLD	Mike Barrett	Libby Connor	Kaylan Hall	Alfie Byrnes	Mike Barrett
SILVER	Andrew Jones	Alex Holmes	Thomas Edon-Barron	Alexander Dundjerovic	James Hulley
BRONZE	Daniel Cobbold	Courtne Oldroyd	Catalaya Robinson	Henry Kelly	James Gabbitas
	12-13 MALE 3RD KYU+ KATA	18-34 MALE 3RD KYU+ KATA	8-9 M & F 6-4TH KYU KATA	10-11 FEMALE 6-4TH KYU KATA	SENIOR FEMALE TEAM KATA
GOLD	Luke Wood	Jason Lewis	Jenson Barton	Emily Mudd	Vicki Bland
SILVER	Finlay Lofthouse	Michael Ives	Elio Hiller	Tara Marie Kudray	Alexia Holland-Pass
BRONZE		Jason Lewis	Noah Hickman	Emilie Rutter	Courtne Oldroyd
	12-13 MALE 3RD KYU+ KUMITE	18-34 MALE 3RD KYU+ KUMITE	8-9 M & F 6-4TH KYU KUMITE	10-11 FEMALE 6-4TH KYU KUMITE	SENIOR FEMALE TEAM KUMITE
GOLD	Luke Wood	Jason Lewis	Jenson Barton	Emilie Rutter	Vicki Bland
SILVER	Finlay Lofthouse	Conrad Lewthwaite	Noah Hickman	Emily Mudd	Alexia Holland-Pass
BRONZE		Michael Ives	Alex Foxall		Courtne Oldroyd
	14-15 MALE 3RD KYU+ KATA	10-11 M & F 3RD KYU+ KATA	10-11 M & F 6-4TH KYU KATA	10-11 FEMALE 8-7TH KYU KATA	JUNIOR TEAM KATA
GOLD	Declan Considine	Gabriel Revilla	Emile Bonne Slaney	Andreja Anuskeviciute	Louise Nismal
SILVER	Charlie Duffy	Sophie Myers	Alexander Edon-Barron	Evie Roe	Luke Wood
BRONZE			Ted Hurley	Ruby-Leigh Southall	Finlay Lofthouse
	14-15 MALE 3RD KYU+ KUMITE	10-11 M & F 3RD KYU+ KUMITE	10-11 M & F 6-4TH KYU KUMITE	10-11 FEMALE 8-7TH KYU KUMITE	JUNIOR TEAM KUMITE
GOLD	Declan Considine	Gabriel Revilla	Alexander Edon-Barron	Auguste Banelyte	Luke Wood
SILVER	Charlie Duffy	Sophie Myers	Oscar Mitchell	Ruby-Leigh Southall	Finlay Lofthouse
BRONZE			Zephyrus McRoy		
	18-34 FEMALE 3RD KYU+ KATA	12-13 FEMALE 3RD KYU+ KATA	14-15 FEMALE 6-4TH KYU KATA	12-13 M & F 8-7TH KYU KATA	
GOLD	Catherine Shaw	Aroush Ali	Denisa Noroc	AJ Purewal	
SILVER	Jasmine Chadwick	Olivia Pike	Alec Crookes	Caden House	
BRONZE		Kobeymay Crow	Lia Dennis	Danielle Shepherd	
	18-34 FEMALE 3RD KYU+ KUMITE	12-13 FEMALE 3RD KYU+ KUMITE	14-15 FEMALE 6-4TH KYU KUMITE	12-13 M & F 8-7TH KYU KUMITE	
GOLD	Jasmine Chadwick	Kobeymay Crow	Denisa Noroc	AJ Purewal	
SILVER	Catherine Shaw	Aroush Ali	Lia Dennis	Caden House	
BRONZE		Olivia Pike	Alec Crookes	Danielle Shepherd	
	16-17 FEMALE 3RD KYU+ KATA	14-15 FEMALE 3RD KYU+ KATA	18-54 FEMALE 8-7TH KYU KATA	14-17 MALE 6-4TH KYU KATA	
GOLD	Louise Nismal	Athena Nismal	Kerri Johnson	Dylan O'Doherty	
SILVER	Rebecca Thomas	Chloe Featherstone	Gemma Edwards	Lucas Grant	
BRONZE	Isobelle Hansard		Zeljka Krpetic	Riley Byrnes	
	16-17 FEMALE 3RD KYU+ KUMITE	14-15 FEMALE 3RD KYU+ KUMITE	18-54 FEMALE 8-7TH KYU KUMITE	14-17 MALE 6-4TH KYU KUMITE	
GOLD	Isobelle Hansard	Athena Nismal	Kerri Johnson	Lucas Grant	
SILVER	Rebecca Thomas	Chloe Featherstone	Zeljka Krpetic	Riley Byrnes	
BRONZE				Dylan O'Doherty	
	12-13 M&F 6-4TH KYU KATA	35-44 MALE 3RD KYU+ KATA	55+ FEMALE 6-4TH KYU KATA	12-13 MALE 6-4TH KYU KATA	
GOLD	Jennah Shields	Andy Dring	Gill Nall	Louis Bonne Slaney	
SILVER	Yannik Hiller	Ian Henderson	Helen McKnight	Jack Hargreaves	
BRONZE		Mark Walker		Charlie Hickman	
	12-13 M&F 6-4TH KYU KUMITE	35-44 MALE 3RD KYU+ KUMITE	55+ FEMALE 6-4TH KYU KUMITE	12-13 MALE 6-4TH KYU KUMITE	
GOLD	Jennah Shields	Ian Henderson	Gill Nall	Louis Bonne Slaney	
SILVER	Yannik Hiller	Andy Dring	Helen McKnight	Tom Hughes	
BRONZE		Mark Walker		Don Smith	
	45-54 FEMALE 3RD KYU+ KATA	16-17 MALE 3RD KYU+ KATA	16-34 FEMALE 6-4TH KYU KATA	35-44 MALE 6-4TH KYU KATA	
GOLD	Vicki Bland	Joshua Whiles	Lizzie Martindale	Damian Harris	
SILVER	Heidi Hanes	Cole Bannon	Emily Pearson	Anthony Barton	
BRONZE	Ruth Greenhough	Jake Walker	Gemma Thomson-Royle		
	45-54 FEMALE 3RD KYU+ KUMITE	16-17 MALE 3RD KYU+ KUMITE	16-34 FEMALE 6-4TH KYU KUMITE	35-44 MALE 6-4TH KYU KUMITE	
GOLD	Vicki Bland	Joshua Whiles	Emily Pearson	Anthony Barton	
SILVER	Heidi Hanes	Cole Bannon	Aelfied Major	Damian Harris	
BRONZE	Ruth Greenhough	Jake Walker	Lizzie Martindale		
	14-17 MALE 8-7TH KYU KATA	55+ FEMALE 3RD KYU+ KATA	45-54 FEMALE 6-4TH KYU KATA	35-44 FEMALE 6-4TH KYU KATA	
GOLD	Riley Dove	Karon Foulkes	Karen Slaney	Emma Cook	
SILVER	Roman Kurliak	Liz Svenson	Victoria Straw	Dawny Robson	
BRONZE		Karen Pearson	Julie Rose	Lindsay Britton	
	14-17 MALE 8-7TH KYU KUMITE	55+ FEMALE 3RD KYU+ KATA	45-54 FEMALE 6-4TH KYU KUMITE	35-44 FEMALE 6-4TH KYU KUMITE	
GOLD	Riley Dove	Sally Holmes	Melinda Hiller	Dawny Robson	
SILVER	Roman Kurliak	Chris Svenson	Karen Slaney	Lindsay Britton	
BRONZE		Liz Svenson	Victoria Straw	Emma Cook	
	55+ MALE 3RD KYU+ KATA	45-54 MALE 3RD KYU+ KATA	INSTRUCTORS FEMALE KATA	18-54 MALE 8-7TH KYU KATA	
GOLD	Antony Groves	Robert Dove	Lisa Wood	Ben Akande	
SILVER	Corence Mwalisuku	Xavier DeFreitas	Nikita Matu	Jude Obulunne	
BRONZE	Dave Brennan	Oliver Hudson		Anthony Summerfield	
	55+ MALE 3RD KYU+ KUMITE	45-54 MALE 3RD KYU+ KUMITE	INSTRUCTORES FEMALE KUMITE	18-54 MALE 8-7TH KYU KUMITE	
GOLD	Pete Evans	Oliver Hudson	Lisa Wood	Ben Akande	
SILVER	Dave Brennan	Xavier DeFreitas	Nikita Matu	Jude Obulunne	
BRONZE	Corence Mwalisuku	Robert Dove		Sergei Veloncevic	