



NSW KATA SUPER SEMINAR

TAUGHT BY THE NSW SENIOR INSTRUCTORS

This is an opportunity to learn a new kata or enhance one you already know. Don't miss this chance to improve your knowledge and techniques under the supervision of one of our Senior Karate Instructors.

SUNDAY 20TH SEPTEMBER

WHITLAM CENTRE – LIVERPOOL, (SESSION TIMES BELOW)

Cost: \$15 per session or pre-book 3 for \$30 ▪ Direct Debit and PTF do not apply
 canteen available for food/drinks between the sessions
 (1hr- learning and refining Kata + 30 mins enhancing Kata performance)



GKRKARATE



NSW Kata Super Seminar ▪ Pre-booked payment

Students Name:

Instructors Signature: Amount Paid:..... Date Paid:.....

Please tick which sessions you want to attend:

Session 1 10.00 - 11.30am	Saifa <input type="checkbox"/>	OR Empi <input type="checkbox"/>	OR Kururunfa <input type="checkbox"/>	OR Shisoshin <input type="checkbox"/>
Session 2 12.00 - 1.30pm	Bassai-Dai <input type="checkbox"/>	OR Sanseryu <input type="checkbox"/>	OR Kanku-Dai <input type="checkbox"/>	OR Seisan <input type="checkbox"/>
Session 3 2.00 - 3.30pm	Seiunchin <input type="checkbox"/>	OR Sepai <input type="checkbox"/>	OR Kanku-Sho <input type="checkbox"/>	OR Sochin <input type="checkbox"/>

Please note: this slip is to be completed and returned to your Instructor with your payment.
 Seminar payments are strictly non-refundable.