



# GKR KARATE

KARATE FOR EVERYONE

## South & West London Regional Tournament

Saturday 27<sup>th</sup> November 2021

GKR South & West Regional Tournament was held at Surrey Sports Park which is located in the heart of Guildford. This was the first tournament after a long break of almost 2 years due to Covid restrictions.

It was a busy day and we had competitors from London and surrounding areas. The day started with the usual Male & Female Blackbelt Open divisions. Kitty Lewis got gold after an amazing display of katas against Sophie Britton in the Female division. Tom Colwill got gold in Male division followed by Wayne Smy who got Silver and Leo Arnone got Bronze.

Sophie Britton secured gold after a spectacular performance against Jade Ling in Female Kumite division. In the Male Kumite division, Stefan Dell showed some amazing skills and got gold putting Tom Colwill for Silver medal and Leo Arnone for Bronze medal.

There were some amazing performances from Karatekas throughout the day. Fellow students, parents and instructors were there to support and cheer for competitors. Even after such a long break, the standard of karate was still very high and the display of sportsmanship was spectacular.

There were more than 200 competitors in this tournament and they were put on 5 rings. To manage and run those rings is not an easy task, but they were done successfully by our incredible team of officials. I would like to thank each and every one of you that were involved in setting up and running of those rings. Special thanks to host Sensei Asmat Nadiry and Region 38 Guildford.

Best Regards  
Leke Prenga  
Senior Tournament Director



## JUNIORS

**KATA****KUMITE****7yrs & Under 8-7<sup>th</sup> Kyu Combined**

<b>GOLD</b>	Rebecca Cercelea
<b>SILVER</b>	Luca Dolphin
<b>BRONZE</b>	Ellys Wu

<b>GOLD</b>	Rebecca Cercelea
<b>SILVER</b>	Daniel O' Sullivan
<b>BRONZE</b>	Arham Kothari

**7yrs & Under 6-4<sup>th</sup> Kyu Combined**

<b>GOLD</b>	Matei Anastasiu
<b>SILVER</b>	Reyon Samaratunge
<b>BRONZE</b>	

<b>GOLD</b>	Reyon Samaratunge
<b>SILVER</b>	Matei Anastasiu
<b>BRONZE</b>	

**7yrs & Under 3<sup>rd</sup> Kyu and above Combined**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**8-9 Yrs 8-7<sup>th</sup> Kyu Combined**

<b>GOLD</b>	Grace Thangara
<b>SILVER</b>	Zain Bashir
<b>BRONZE</b>	Rory O' Connor

<b>GOLD</b>	Erin Fishlock
<b>SILVER</b>	Tommie Langham
<b>BRONZE</b>	Zain Bashir

**8-9 Yrs 6-4<sup>th</sup> Kyu Combined**

<b>GOLD</b>	Nella Sladkova-Gannon
<b>SILVER</b>	Mounir Hashem
<b>BRONZE</b>	Fred Pugh

<b>GOLD</b>	Nella Sladkova-Gannon
<b>SILVER</b>	Freddie Read
<b>BRONZE</b>	Mounir Hashem

**8-9 Yrs 3<sup>rd</sup> Kyu and above Combined**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**10-11 Yrs 8-7<sup>th</sup> Kyu Male**

<b>GOLD</b>	Lucas Ellis
<b>SILVER</b>	Daniel Prime
<b>BRONZE</b>	Robert Patel

<b>GOLD</b>	Lucas Ellis
<b>SILVER</b>	Daniel Prime
<b>BRONZE</b>	Bryn Bowen-Jones

**10-11 Yrs 8-7<sup>th</sup> Kyu Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**KATA****KUMITE**

### 10-11 Yrs 6-4<sup>th</sup> Kyu Male

<b>GOLD</b>	Lenok Gurung
<b>SILVER</b>	Ollie Parker
<b>BRONZE</b>	Loki Sables

<b>GOLD</b>	Ollie Parker
<b>SILVER</b>	Lenok Gurung
<b>BRONZE</b>	Loki Sables

### 10-11 Yrs 6-4<sup>th</sup> Kyu Female

<b>GOLD</b>	Maisie Hibberd
<b>SILVER</b>	Celina Sahi
<b>BRONZE</b>	Chelsey Szymdt

<b>GOLD</b>	Celina Sahi
<b>SILVER</b>	Elena Sladkova-Gannon
<b>BRONZE</b>	Yuki Mafham

### 10-11 Yrs 3<sup>rd</sup> Kyu and above Male

<b>GOLD</b>	Oliver Winsper
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	Oliver Winsper
<b>SILVER</b>	
<b>BRONZE</b>	

### 10-11 Yrs 3<sup>rd</sup> Kyu and above Female

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### 12-13 Yrs 8-7<sup>th</sup> Kyu Male

<b>GOLD</b>	Lucas Phillips
<b>SILVER</b>	Callum Burrows
<b>BRONZE</b>	Tyresse Lette

<b>GOLD</b>	Mouhammad Qasim
<b>SILVER</b>	Tyrese Lette
<b>BRONZE</b>	Mateusz Szmanda

### 12-13 Yrs 8-7<sup>th</sup> Kyu Female

<b>GOLD</b>	Melody Tubbs
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	Melody Tubbs
<b>SILVER</b>	
<b>BRONZE</b>	

### 12-13 Yrs 6-4<sup>th</sup> Kyu Male

<b>GOLD</b>	Aiden Booth
<b>SILVER</b>	Dharwin Robet
<b>BRONZE</b>	Aaron Khan

<b>GOLD</b>	Dharwin Robet
<b>SILVER</b>	Aiden Booth
<b>BRONZE</b>	Ahmed Armoush

### 12-13 Yrs 6-4<sup>th</sup> Kyu Female

<b>GOLD</b>	Ritika Kharel
<b>SILVER</b>	Srividhya Anandan
<b>BRONZE</b>	Nariman Hashem

<b>GOLD</b>	Bayan Armoush
<b>SILVER</b>	Rawan Armoush
<b>BRONZE</b>	Jia Yanli

### 12-13 Yrs 3<sup>rd</sup> Kyu and above Male

<b>GOLD</b>	Aaron Razey
<b>SILVER</b>	Aarav Harsh
<b>BRONZE</b>	Jacob Lee

<b>GOLD</b>	Aaron Razey
<b>SILVER</b>	Jacob Lee
<b>BRONZE</b>	Nicholas Boorman

**KATA**

**KUMITE**

### 12-13 Yrs 3<sup>rd</sup> Kyu and above Female

<b>GOLD</b>	Evie Malden
<b>SILVER</b>	Leekon Gurung
<b>BRONZE</b>	Riley Chandler

<b>GOLD</b>	Maia Woods
<b>SILVER</b>	Leekon Gurung
<b>BRONZE</b>	Riley Chandler

### 14-15 Yrs 8-7<sup>th</sup> Kyu Male

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### 14-15 Yrs 8-7<sup>th</sup> Kyu Female

<b>GOLD</b>	Scarlet Ling
<b>SILVER</b>	Olivia Hewitt
<b>BRONZE</b>	

<b>GOLD</b>	Scarlet Ling
<b>SILVER</b>	
<b>BRONZE</b>	

### 14-15 Yrs 6-4<sup>th</sup> Kyu Male

<b>GOLD</b>	Gustaw Bogacz
<b>SILVER</b>	Max Hamson
<b>BRONZE</b>	Cameron Vanags

<b>GOLD</b>	Gustaw Bogacz
<b>SILVER</b>	Gabriel Knight
<b>BRONZE</b>	Max Hamson

### 14-15 Yrs 6-4<sup>th</sup> Kyu Female

<b>GOLD</b>	Biborka Nagy
<b>SILVER</b>	Danielle Mitchell
<b>BRONZE</b>	

<b>GOLD</b>	Biborka Nagy
<b>SILVER</b>	Danielle Mitchell
<b>BRONZE</b>	

### 14-15 Yrs 3-1<sup>st</sup> Kyu Male

<b>GOLD</b>	Jayaram Anandan
<b>SILVER</b>	Maxim Chykharyvskyy
<b>BRONZE</b>	

<b>GOLD</b>	Maxim Chykharyvskyy
<b>SILVER</b>	Jayaram Anandan
<b>BRONZE</b>	

### 14-15 Yrs 3-1<sup>st</sup> kyu Female

<b>GOLD</b>	Sneha Pradeep
<b>SILVER</b>	Sophie Chandler
<b>BRONZE</b>	Hannah Chandler

<b>GOLD</b>	Hannah Chandler
<b>SILVER</b>	Sophie Chandler
<b>BRONZE</b>	

### 16-17 Yrs 8-7<sup>th</sup> Kyu Male

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### 16-17 Yrs 8-7<sup>th</sup> Kyu Female

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**KATA**

**KUMITE**

### 16-17 Yrs 6-4<sup>th</sup> Kyu Male

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### 16-17 Yrs 6-4<sup>th</sup> Kyu Female

<b>GOLD</b>	Aya Armoush
<b>SILVER</b>	Alaa Armoush
<b>BRONZE</b>	Abha Bhole

<b>GOLD</b>	Alaa Armoush
<b>SILVER</b>	Aya Armoush
<b>BRONZE</b>	

### 16-17 Yrs 3-1<sup>st</sup> Kyu Male

<b>GOLD</b>	Kieron Blake
<b>SILVER</b>	Mohamad Armoush
<b>BRONZE</b>	Harry Simms

<b>GOLD</b>	Kieron Blake
<b>SILVER</b>	Harry Simms
<b>BRONZE</b>	Aaron Dunrad-Letts

### 16-17 Yrs 3-1<sup>st</sup> Kyu Female

<b>GOLD</b>	Tejal Ramphul
<b>SILVER</b>	Maddison De Beaux
<b>BRONZE</b>	Jelena Dadral

<b>GOLD</b>	Maddison De Beaux
<b>SILVER</b>	
<b>BRONZE</b>	

### JUNIOR OPEN MALE (14-17 YRS)

<b>GOLD</b>	George Winsper
<b>SILVER</b>	Marcel Lanecki
<b>BRONZE</b>	

<b>GOLD</b>	Marcel Lanecki
<b>SILVER</b>	George Winsper
<b>BRONZE</b>	

### JUNIOR OPEN FEMALE (14-17 YRS)

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

## SENIORS

**KATA**

**KUMITE**

**18-34 Yrs Incl. 8-7<sup>th</sup> Kyu Male**

<b>GOLD</b>	Ivan Dolphin
<b>SILVER</b>	Samuel Morris
<b>BRONZE</b>	Philip Hockley

<b>GOLD</b>	Philip Hockley
<b>SILVER</b>	Samuel Morris
<b>BRONZE</b>	Ivan Dolphin

**18-34 Yrs Incl. 8-7<sup>th</sup> Kyu Female**

<b>GOLD</b>	Hannah Weller
<b>SILVER</b>	Rowena Riddigard
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**18-34 Yrs Incl. 6-4<sup>th</sup> Kyu Male**

<b>GOLD</b>	Ryan Edwardson
<b>SILVER</b>	Navin Kumar
<b>BRONZE</b>	

<b>GOLD</b>	Ryan Edwardson
<b>SILVER</b>	Navin Kumar
<b>BRONZE</b>	

**18-34 Yrs Incl. 6-4<sup>th</sup> Kyu Female**

<b>GOLD</b>	Rian Charles
<b>SILVER</b>	Mary Crawley
<b>BRONZE</b>	

<b>GOLD</b>	Rian Charles
<b>SILVER</b>	Mary Crawley
<b>BRONZE</b>	

**18-34 Yrs Incl. 3<sup>rd</sup> Kyu and Above Male**

<b>GOLD</b>	Alex Smurthwaite
<b>SILVER</b>	Sam Bell
<b>BRONZE</b>	James Reid

<b>GOLD</b>	James Reid
<b>SILVER</b>	Sam Bell
<b>BRONZE</b>	James Page

**18-34 Yrs Incl. 3<sup>rd</sup> Kyu and Above Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**KATA****KUMITE**

### Instructor Male

<b>GOLD</b>	Andy Lee
<b>SILVER</b>	Martin Booth
<b>BRONZE</b>	Jamie Christie

<b>GOLD</b>	Martin Booth
<b>SILVER</b>	Simon Krycler
<b>BRONZE</b>	Ian Mafham

### Instructor Female

<b>GOLD</b>	Kathy Lee
<b>SILVER</b>	Lisa Clark
<b>BRONZE</b>	Ana Christie

<b>GOLD</b>	Lisa Clark
<b>SILVER</b>	
<b>BRONZE</b>	

### Open Black Belt Male (18 Yrs & Over)

<b>GOLD</b>	Tom Colwill
<b>SILVER</b>	Wayne Smy
<b>BRONZE</b>	Leo Arnone

<b>GOLD</b>	Stefan Dell
<b>SILVER</b>	Tom Colwill
<b>BRONZE</b>	Leo Arnone

### Open Black Belt Female (18 Yrs & Over)

<b>GOLD</b>	Kitty Lewis
<b>SILVER</b>	Sophie Britton
<b>BRONZE</b>	

<b>GOLD</b>	Sophie Britton
<b>SILVER</b>	Jade Ling
<b>BRONZE</b>	

## VETERANS

KATA

KUMITE



**Veteran (35-44 Yrs Incl.) 8-7<sup>th</sup> Kyu Male**

<b>GOLD</b>	Steven Pinto
<b>SILVER</b>	Rogerio Bammann
<b>BRONZE</b>	Shane Bowden

<b>GOLD</b>	Rogerio Bammann
<b>SILVER</b>	Steven Pinto
<b>BRONZE</b>	Martin Tubbs

**Veteran (35-44 Yrs Incl.) 8-7<sup>th</sup> Kyu Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**Veteran (35-44 Yrs Incl.) 6-4<sup>th</sup> Kyu Male**

<b>GOLD</b>	Shane Bartlam
<b>SILVER</b>	Geoffery Sables
<b>BRONZE</b>	Tomas Nagy

<b>GOLD</b>	Shane Bartlam
<b>SILVER</b>	Tomas Nagy
<b>BRONZE</b>	Jatin Patel

**Veteran (35-44 Yrs Incl.) 6-4<sup>th</sup> Kyu Female**

<b>GOLD</b>	Eleanor Buck
<b>SILVER</b>	Sarah Leach
<b>BRONZE</b>	

<b>GOLD</b>	Eleanor Buck
<b>SILVER</b>	Sarah Leach
<b>BRONZE</b>	

**Veteran (35-44 Yrs Incl.) 3<sup>rd</sup> Kyu and Above Male**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**Veteran (35-44 Yrs Incl.) 3<sup>rd</sup> Kyu and Above Female**

<b>GOLD</b>	Sarah Stokes-Chapman
<b>SILVER</b>	Sarah Boorman
<b>BRONZE</b>	

<b>GOLD</b>	Sarah Stokes-Chapman
<b>SILVER</b>	Sarah Boorman
<b>BRONZE</b>	

**Snr Veteran (45-54 Yrs Incl.) 8-7<sup>th</sup> Kyu Male**

<b>GOLD</b>	Steven Joslin
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	Steven Joslin
<b>SILVER</b>	
<b>BRONZE</b>	

**Snr Veteran (45-54 Yrs Incl.) 8-7<sup>th</sup> Kyu Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

**KATA****KUMITE****Snr Veteran (45-54 Yrs Incl.) 6-4<sup>th</sup> Kyu Male**



<b>GOLD</b>	Dan Chambers
<b>SILVER</b>	Mike Hibberd
<b>BRONZE</b>	Geoff Read

<b>GOLD</b>	Mike Hibberd
<b>SILVER</b>	Alasdair MacDonald
<b>BRONZE</b>	Geoff Read

### **Snr Veteran (45-54 Yrs Incl.) 6-4<sup>th</sup> Kyu Female**

<b>GOLD</b>	Carol Caswill
<b>SILVER</b>	Lorraine Mitchell
<b>BRONZE</b>	

<b>GOLD</b>	Carol Caswill
<b>SILVER</b>	Lorraine Mitchell
<b>BRONZE</b>	

### **Snr Veteran (45-54 Yrs Incl.) 3<sup>rd</sup> Kyu and Above Male**

<b>GOLD</b>	Paul Shirley
<b>SILVER</b>	Harvey Elliot
<b>BRONZE</b>	Ian Leonard

<b>GOLD</b>	Harvey Elliot
<b>SILVER</b>	Ian Leonard
<b>BRONZE</b>	Tom Humphrey

### **Snr Veteran (45-54 Yrs Incl.) 3<sup>rd</sup> Kyu and Above Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### **Snr Veteran (55 Yrs Plus) 8-7<sup>th</sup> Kyu Male**

<b>GOLD</b>	Ken Weller
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	Ken Weller
<b>SILVER</b>	
<b>BRONZE</b>	

### **Snr Veteran (55 Yrs Plus) 8-7<sup>th</sup> Kyu Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### **Snr Veteran (55 Yrs Plus) 6-4<sup>th</sup> Kyu Male**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

### **Snr Veteran (55 Yrs Plus) 6-4<sup>th</sup> Kyu Female**

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	
<b>SILVER</b>	
<b>BRONZE</b>	

## **KATA**

## **KUMITE**

### **Snr Veteran (55 Yrs Plus) 3<sup>rd</sup> Kyu and Above Male**

<b>GOLD</b>	Steve Walters
<b>SILVER</b>	Alan Paton

<b>GOLD</b>	Andy Downing
<b>SILVER</b>	Alan Paton

<b>BRONZE</b>	Paul Hawkins
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<b>BRONZE</b>	Ian Dell
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**Snr Veteran (55 Yrs Plus) 3<sup>rd</sup> Kyu and Above Female**

<b>GOLD</b>	Chrissy Davies
<b>SILVER</b>	
<b>BRONZE</b>	

<b>GOLD</b>	Chrissy Davies
<b>SILVER</b>	
<b>BRONZE</b>	

**TEAMS**

**KATA**

**KUMITE**

**Senior Team Male (18 Yrs Plus)**

<b>GOLD</b>	Ivan Dolphin
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<b>GOLD</b>	
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	Martin Tubbs
	Paul McDonough


SILVER	

SILVER	

BRONZE	

BRONZE	

Senior Team Female (18 Yrs Plus)

GOLD	

GOLD	

SILVER	

SILVER	

BRONZE	

BRONZE	

KATA

KUMITE

Junior Team (Under 18 Yrs) 8-4<sup>th</sup> Kyu

GOLD	

GOLD	

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<b>SILVER</b>	

<b>SILVER</b>	

<b>BRONZE</b>	

<b>BRONZE</b>	

### Junior Team (Under 18 Yrs) 3<sup>Rd</sup> Kyu & Above

<b>GOLD</b>	Jayaram Anandan
	Leekon Gurung
	Srividhya Anandan

<b>GOLD</b>	

<b>SILVER</b>	Riley Chandler
	Hannah Chandler
	Sophie Chandler

<b>SILVER</b>	

<b>BRONZE</b>	

<b>BRONZE</b>	