



GKRRKARATE

KARATE FOR EVERYONE

GKR Northern UK Regional Titles

Sunday 2nd April 2023

Another great tournament held in the North of the UK. Special thanks to all who turned up early to help get the venue ready for the day's events. You did a great job!

The day commenced with Senior Open divisions and Team events to kickstart a day of epic standards. These events were very closely contested and the atmosphere in the room was great! Spectators and fellow karate-ka cheered on while the top students in the North of the UK displayed some outstanding Karate, etiquette and camaraderie all in the spirit of Karate-Do.

We then continued with our younger and newer students in the junior divisions. It's encouraging to see so many first time competitors showing their skills. Keep it up! We followed on into the middle grades and senior divisions where the competition was sharp and the sportsmanship brilliant to see.

There were many highlights to the day including a marriage proposal in one of the Senior Female Veterans divisions! She said yes!

Special mention also to the tournament officials that dedicated their time to ensure the day ran professionally and as smoothly as possible. Big thanks to all of you - you did a great job!

Now it's time to work on your Kata & Kumite skills for the next tournament in the summer.

Remember, we're the #championfactory

Sensei James Gabbitas & Sensei John Daniels
Tournament Directors



	RING 1	RING 2	RING 3	RING 4	RING 5	TEAM EVENTS
	OPEN MALE KATA	OPEN FEMALE KATA	UP TO 7 YR MALE & FEMALE 8-7TH KYU KATA	8-9 YR MALE & FEMALE 8-7TH KYU KATA	18-34 MALE 8-7TH KYU KATA	SENIOR MIXED TEAM KATA
GOLD	William Rayson	Kate Denny	Mia Stevenson	Alexander Edon-Barron	Damien Harris	James Hulley
SILVER	James Hulley	Alexia Holland-Pass	Thaneja Karthik	Ted Hurley	Kiedis McRoy	Pete Lofthouse
BRONZE	Alexander James Wright	Vicki Bland	Kacper Urban	Rio Greene	Daniel Zahio Xu	Liam Whitby
	OPEN MALE KUMITE	OPEN FEMALE KUMITE	UP TO 7 YR MALE & FEMALE 8-7TH KYU KUMITE	8-9 YR MALE & FEMALE 8-7TH KYU KUMITE	18-34 MALE 8-7TH KYU KUMITE	SENIOR MALE TEAM KUMITE
GOLD	Michael Davison	Kate Denny	Mia Stevenson	Ted Hurley	Damien Harris	James Hulley
SILVER	James Jackson	Alexia Holland-Pass	Alex Foxall	Rio Greene	Paul Shaw	Matthew Gavaghan
BRONZE	James Hulley		Kacper Urban	Amina Said	Kiedis McRoy	Xavier DeFreitas
	35-44 MALE 6-4TH KYU KATA	12-13 YR FEMALE 6-4TH KYU KATA	UP TO 7 YRS MALE & FEMALE 6-4TH KYU KATA	8-9 YR MALE & FEMALE 6-4TH KYU KATA	10-11 MALE 8-7TH KYU KATA	Corence Mwalisuku
GOLD	Paul Magee	Lia Dennis	Jenson Barton	Riley Walmsley	Michael Edon-Barron	Adrian Barker
SILVER	Stephen Brown	Olivia Pike	Edith Bell	Jacob Hutchinson	Said Abubakr	
BRONZE	Paul Roberts	Tracey Jankowska		Theo Smith		
	35-44 MALE 6-4TH KYU KUMITE	12-13 YR FEMALE 6-4TH KYU KUMITE	UP TO 7 YR MALE & FEMALE 6-4TH KYU KUMITE	8-9 YR MALE & FEMALE 6-4TH KYU KUMITE	10-11 MALE 8-7TH KYU KUMITE	
GOLD	Paul Magee	Lia Dennis	Jenson Barton	Riley Walmsley	Said Abubakr	
SILVER	Peter Phillipson	Alec Crookes	Edith Bell	Oscar Mitchell	Declan Shaw	
BRONZE	Stephen Brown	Olivia Pike		Jack Mackenzie		
	18-44 MALE 3RD KYU + KATA	35-44 FEMALE 8-7TH KYU KATA	12-13 MALE 6-4TH KYU KATA	35-44 FEMALE 6-4TH KYU KATA	10-11 FEMALE 6-4TH KYU KATA	
GOLD	Liam Whitby	Trishna Karthik	Jack Hargreaves	Abby Sawyer	Ananya Sanil	
SILVER	Mark Walker	Louise Foxall	Declan Considine	Vicky Straw	Sophie Myers	
BRONZE		Maxine Kaur	Anirudh Sanil	Olivia Whiting		
	18-54 MALE 3RD KYU + KUMITE	35-44 FEMALE 8-7TH KYU KUMITE	12-13 MALE 6-4TH KYU KUMITE	35-44 FEMALE 6-4TH KYU KUMITE	10-11 FEMALE 6-4TH KYU KUMITE	
GOLD	Donald Stone	Trishna Karthik	Declan Considine	Abby Sawyer	Ananya Sanil	
SILVER	Liam Whitby	Maxine Kaur	Anirudh Sanil	Vicky Straw	Sophie Myers	
BRONZE	Xavier DeFreitas	Louise Foxall	Cameron Mills	Olivia Whiting		
	45-54 YR MALE 3RD KYU + KATA	14-15 MALE 3RD KYU + KATA	18-34 YR FEMALE 6-4TH KYU KATA	45-54 YR FEMALE 3RD KYU+ KATA	10-11 MALE 6-4TH KYU KATA	
GOLD	Donald Stone	Jake Walker	Robyn Astbury	Heidi Hanes	Dexter Whiting	
SILVER	Xavier DeFreitas	Benjamin Ng	Lily Smith	Ruth Greenhough	Oscar Hill	
BRONZE		Charlie Duffy	Jodie Bexon		Liam Atkinson	
	55+ FEMALE 6-4TH KYU KATA	14-15 MALE 3RD KYU + KUMITE	18-34 YR FEMALE 6-4TH KYU KUMITE	45-54 YR FEMALE 3RD KYU+ KUMITE	10-11 MALE 6-4TH KYU KUMITE	
GOLD	Gill Nall	Charlie Duffy	Robyn Astbury	Ruth Greenhough	Oscar Hill	
SILVER	Helen McKnight	Jake Walker	Gemma Thomson-Royle	Heidi Hanes	Zephyr McRoy	
BRONZE		Benjamin Ng	Jasmine Chadwick	Sally Horrocks	Dale Robson	
	55+ FEMALE 6-4TH KYU KUMITE	INSTRUCTORS MALE KATA	14-15 YR FEMALE 3RD KYU+ KATA	55+ MALE 3RD KYU + KATA	12-13 MALE 3RD KYU + KATA	
GOLD	Abby Sawyer	Conrad Lewthwaite	Amelia Gratkauskaitė	John Fieldsend	Tom Linter	
SILVER	Gill Nall	Mark Powell	Chloe Featherstone	Corence Mwalisuku	Finlay Lofthouse	
BRONZE			Jessica Brady	Andre Scott	Aroush Ali	
		INSTRUCTORS MALE KUMITE	14-15 YR FEMALE 3RD KYU+ KUMITE	55+ MALE 3RD KYU + KUMITE	12-13 MALE 3RD KYU + KUMITE	
GOLD		Conrad Lewthwaite	Amelia Gratkauskaitė	Corence Mwalisuku	Tom Linter	
SILVER		Mark Powell	Leanne Powell	Andre Scott	Finlay Lofthouse	
BRONZE			Eve Lofthouse	Alistair King	Dylan O'Doherty	
		18-34 FEMALE 3RD KYU + KATA	55+ FEMALE 3RD KYU + KATA	16-17 YR FEMALE 3RD KYU+ KATA	16-17 MALE 3RD KYU + KATA	
GOLD		Elise Norris	Karon Foulkes	Chloe Featherstone	Joshua Whiles	
SILVER		Courtnie Oldroyd	Sally Holmes	Isobelle Hansard	Ethan Ng	
BRONZE		Sonja Dengler	Chris Svenson		Asad Arfad	
		18-34 FEMALE 3RD KYU + KUMITE	55+ FEMALE 3RD KYU + KUMITE		16-17 MALE 3RD KYU + KUMITE	
GOLD		Courtnie Oldroyd	Karon Foulkes		Ethan Ng	
SILVER		Elise Norris	Sally Holmes		Asad Arfad	
BRONZE			Liz Svenson		Joshua Whiles	
					18-34 MALE 6-4TH KYU KATA	
GOLD					Anthony Barton	
SILVER					Jason Lewis	
BRONZE						
					18-34 MALE 6-4TH KYU KUMITE	
GOLD					Anthony Barton	
SILVER					Jason Lewis	
BRONZE						