



# ***NATIONALS PREPARATION SEMINAR***

***WITH SENSEI RYAN MARVIN AND SENSEI DANIEL FREER***

**This special seminar will purely be focused on key  
Kata and Kumite skills for tournaments.**

**All students are welcome to train to prepare for this year's national  
tournament, or start training for next year's circuit!**

**SATURDAY 5 NOVEMBER  
1.15 - 3.15PM**

**Moat House Leisure & Neighbourhood Centre  
Winston Ave, Coventry, CV2 1EA**

**Cost £12 per person, £11 pp for 2 in family, £10 pp for 3+ in family • Direct Debit & PTF does not apply**

- Limited places - book early • Sparring equipment required.**
- This class will directly proceed the Black Belt Assessment.**  
**3rd Kyu+ are welcome to train at the assesment.**



**GKR KARATE**  
KARATE FOR EVERYONE

**CHAMPS22**



## **Nationals Preparation Seminar ▪ Pre-Booking**

Students Name: .....

Instructors Signature:..... Amount Paid: ..... Date Paid: .....

Please note: this slip is to be completed and returned to your Instructor with your payment. Seminar and Special Class payments are strictly non-refundable.